



WEEKLY NEWSLETTER

JULY 2025 WEEK 1

EDITION 14



REFILLING WITH INTENTION

-By Sofia Wise, Staff Writer

THE GRASS IS GREENER WHERE YOU WATER IT
Proverbs 28:19 (NIV)

Speaker
Marylove Opoku-Mensah Otoo

Date
Monday 30th June, 2025

Time
5:30 - 6:00 PM

Venue
Online (Zoom Meeting ID: 311 565)

Wisdom Is The Principal Thing
PROVERBS 4:7

MONTHLY DAY OF FASTING

ENVIRONMENT, SOCIAL & GOVERNANCE WORKSHOP II

Speaker
Earl Oyampong

Co-Moderator
Vanessa Akubi

Date
WEDNESDAY, 2ND JULY, 2025

Time
4PM GMT

Venue
ONLINE (Zoom Meeting ID: 311 565)

Wisdom Is The Principal Thing
PROVERBS 4:7

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EDITORIAL INSIGHTS: A GLIMPSE INSIDE

THIS IS HOW CHANGE REALLY HAPPENS



Let's be honest: when we first received those water flasks two months ago, most of us probably thought, "Nice. Practical. Thanks." And then we moved on. No big deal, right?

But now, two months in, they've become something else entirely. They sit on our desks, join us in meetings, and walk with us through the day. And if we're paying attention, they're doing more than holding water. They're holding meaning.

In her piece *Refilling With Intention*, Sofia Wise brings this to life. The flask isn't about hydration anymore. It's about how we show up. It's about care - care for the environment, care for the resources we use, and care for the kind of culture we're creating. It's a daily reminder that sustainability isn't just about policies or reports. It's about our habits. Our choices. Our values, lived out, not just written down.

This is where the deeper challenge lies. Are we willing to let even the smallest tools shape us into more intentional people? Can a water bottle teach us to think long-term, to move from convenience to consciousness? We believe it can and already is.

Marylove's devotion, *The Grass is Greener Where You Water It*, echoes the same call. In a world that constantly tells us to chase the next big thing, her message stops us in our tracks: Don't walk away too soon. What you have might not look perfect. It might even feel dry or difficult. But maybe, just maybe, it's worth staying and tending. Because real growth? It comes from faithfulness. From watering what's yours, even when it's hard.

Whether it's a relationship, a calling, a job, or your spiritual walk, fruitfulness isn't instant. But it is promised, if you keep showing up and pouring in. Her words push us to ask: Are we leaving too early? Are we quitting too fast? And most importantly: Are we missing the harvest because we didn't stick around long enough to see it bloom?

All of this ties into something much bigger. Law Week 2025 reminded us that our profession is changing fast - technology, community needs, ethical complexity - it's all evolving. But the answer isn't just to keep up. It's to lead with purpose. The future lawyer isn't just skilled. They're

grounded, intentional, and deeply connected to the world around them.

And this is where we come in, not just as individuals, but as a firm, as a community, as a team. This season is an invitation. Not to do more, but to do better. To move slower, think deeper, and act with greater intention. To fast with purpose. To give thanks with sincerity. To grow not by accident, but by design.

We're not saying change is easy. But we are saying it's worth it. And it starts right here with water flasks and Monday devotions and quiet choices that add up to something lasting.

So let's keep watering what matters. Let's keep choosing purpose over pressure. Let's keep building this culture together.

We're not just staying hydrated. We're becoming people who live on purpose



REFILLING WITH INTENTION

- By Sofia Wise, Staff Writer

Two months ago, we each received something simple: a water flask. No big announcement, no flashy campaign, just a quiet gesture that marked the beginning of a shift.

And like many small things, its meaning has grown over time.

At first, the flasks were practical: a way to reduce the clutter of plastic bottles and encourage hydration. But with time, they've become more than tools, they've become symbols. Symbols of how we want to work, live, and lead in a world that is asking harder questions about responsibility, sustainability, and impact.

The truth is, the flask doesn't just carry water. It carries intention.

It represents a move from convenience to consciousness. From the disposable to the durable. From mindless repetition to thoughtful routine.

What does it mean to live out ESG, not on paper, but in practice?

This question matters, because ESG (Environmental, Social, and Governance) isn't a distant boardroom term. It's a lens through which we're being called to reimagine even the smallest parts of our daily rhythm. The water flask sits at the intersection of that challenge. It reminds us that

sustainability is not a grand event, but a series of small, disciplined choices.

Around the world, institutions are waking up to this truth. In tennis, the Grand Slam tournaments, the Wimbledon, the Roland Garros, the US Open, and the Australian Open have all transitioned from rows of plastic water bottles to shared jugs and refill stations. For elite athletes, this may seem like a minor adjustment. But it's not. It is a public, visible commitment to change. A signal that performance and



responsibility are not at odds, but in harmony.

We too, in our firm, are discovering that same rhythm. The flasks on our desks, in meetings, on office walks. They tell a story of collective intention. A quiet culture forming, one refill at a time.

*The truth is,
the flask
doesn't just
carry water.
It carries
intention.*

But the reflection goes deeper.

In a world overflowing with consumption, waste, and speed, what does it mean to pause and reuse? To carry something again and again, rather than throw it away? It means we're learning to value longevity over excess. Substance over surface. We are, in effect, saying no to a culture of waste and yes to a culture of care.

That's the deeper work of ESG. It's not just environmental. It's ethical. It's about the kind of people we become when we start paying attention to what we use, what we discard, and what we preserve.



So, where do we go from here?

The flask was only the beginning. The question now is: What else can we rethink? How else can we lead by example? Are there other “bottles” we can replace with better habits, better tools, better choices?

Two months in, we have already begun to answer. Not with grand speeches but with quiet, repeated actions.

Let's continue. Let's deepen this culture of intentionality, one sip, one choice, one step at a time.

“Sustainability is not about doing less harm. It's about doing more good.”

And we are just getting started.

DEVOTION SPOTLIGHT:

THE GRASS IS GREENER WHERE YOU WATER IT

Devotion with Marylove

REPORT BY
Miriam Selinam Tsri
FREELANCE REPORTER



This week's devotion began with family-like familiarity, greetings over Teams, and the usual "Can you hear me?" moments. But once the line cleared, the Spirit did too. Abigail warmly ushered us into the evening, calling on Dodzi to open with prayer. His words were simple: "God, we are about to begin this evening of devotion. Be with us and end it well with us. May we be inspired. In Jesus' name. Amen." And with that, the tone was set not just for a message, but for a moment of alignment.

Abigail then introduced our speaker for the night: Marylove, with the topic: "The Grass is greener Where You Water It". Mary Love opened with Proverbs 28:19: "Those who work their land will have abundant food, but those who chase fantasies will have their fill of poverty."

From that moment, the message bloomed. She spoke to a reality people wrestle with, the urge to walk away too soon. Sometimes, we're not lazy or ungrateful; we're just impatient, discouraged, or listening to the wrong voices internal or external that push us toward greener-looking pastures.

Marylove explained that our "appointed place" might be uncomfortable, but it might also be divine. Whether it's a marriage, a ministry, a job, or even the current season of your life, it's often easier to envy someone else's harvest than to till our own soil. Social media, she said, often fuels this discontent. "You may think your land is barren," she added, "when in fact, it just hasn't been watered yet."

But the key question is: "Is God leading you?" If you're leaving

because of divine direction, that's faith. But if you're running out of frustration or fear, that's fantasy. She urged us to pause, reflect, and ask: Is this trial shaping me? Is it testing me? Or is it truly time to move? Because faithful stewardship brings three key rewards: 1. Contentment | 2. Character | 3. Fruitfulness.

Faithful stewardship brings contentment

Mary Love unpacked the idea of "working your land" using vivid life examples: a difficult job, a struggling marriage, a misaligned friendship, or even a calling that feels dry. "Do you abandon it, or do you water it with God's help?" she asked.

She referenced Ruth, who didn't chase fantasy but stayed loyal to Naomi. Though she worked in a field that wasn't

hers, her faithfulness led to her restoration. Ruth cultivated contentment before she ever reached fruitfulness.

Stewardship builds character

Quoting again from Proverbs “Those who work their land will have abundant food”. Marylove made it clear: the digging, the sowing, the praying... they don’t just produce harvests. They shape hearts.

She drew on the story of Joseph, betrayed, imprisoned, forgotten. Yet Joseph served with excellence at every stage, from slave to prime minister. His trial refined his character for his assignment.

So maybe your “land” is hard right now, your salary doesn’t match your effort, or your waiting season feels endless. But your faithfulness in private, Marylove reminded us, is building your strength for public elevation.

Stewardship leads to fruitfulness

True fruitfulness, she said, doesn’t come from shortcuts, envy, or fantasy. It comes from consistent obedience watering your calling, your relationship, your prayer life, your faith. She referenced the Parable of the Talents in Matthew 25. God gave each servant talents according to their capacity. The issue wasn’t with the one-talent servant it was his fear and comparison that stopped him from being fruitful.

She emphasized that fruitfulness is not always immediate or uniform. You may be flourishing in one area and barren in another but that doesn’t mean God has failed. He is shaping the outcome in His appointed time.

Biblical examples of delayed fruitfulness

To drive the point home, Marylove gave us four powerful examples: Abraham: father of nations but waited decades for Isaac. Hannah: mocked by Peninnah but birthed Samuel, a prophet greater than many. Elizabeth: righteous, yet barren until she bore John the Baptist. Joseph: betrayed and forgotten for 13 years, but raised up in a day. God may seem silent, but He is never absent. Keep watering.

Discernment against deception

Marylove cautioned against chasing “fantasies” that appear better from afar. Sometimes, the same friend who advises you to leave a relationship or job may be the first to step into your shoes when you walk away. The devil plants distractions. That’s why you must stay prayerful and discerning.

Closing: a word, a prayer, a charge

As the message soaked in, even the usual chatter on Teams quieted. Marylove’s final words echoed like a benediction of their own: Don’t walk away too

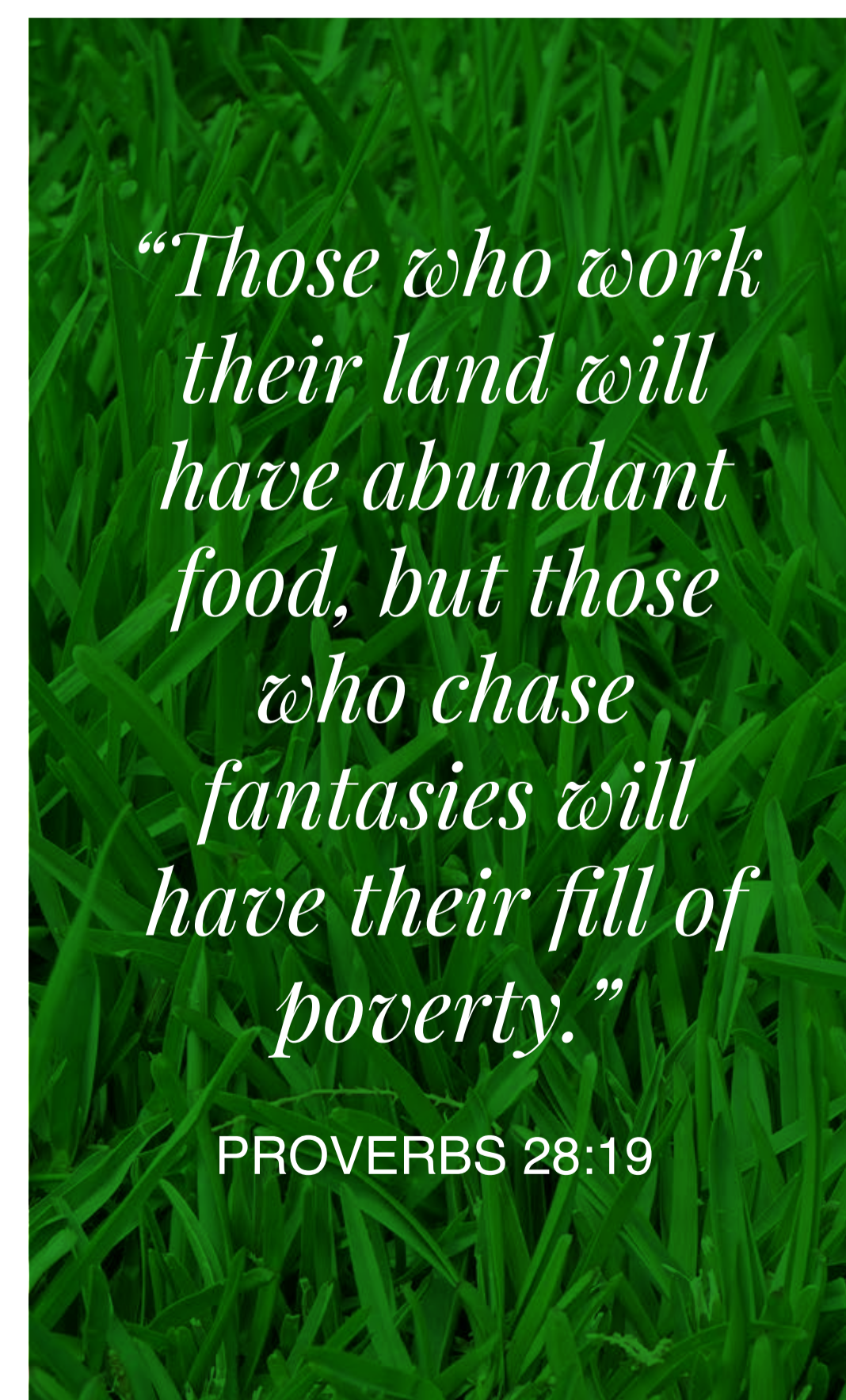
soon. Keep watering what God gave you.

Abigail thanked her for the Word, and Dozie stepped in with brief updates: Reflections and book reports are due this weekend. Next week’s Thanksgiving Service will be held in person. All those willing to fast on the first Monday in July are invited to do so as we pray for the firm.

Elliot closed us out in prayer, lifting the week and our hearts to God.

Final reflection

So as we return to our tasks, contracts, and client calls, may we not chase fantasies, but water the grace we’ve already been given. Keep sowing. Keep watering. The harvest will come.



ANNOUNCEMENTS

MID-YEAR THANKSGIVING SESSION

We've come a long way already this year; and we're taking a moment to give thanks. Join us for a warm and reflective Mid-Year Thanksgiving Session. It's a space to pause, celebrate our wins (big and small), and recharge for what's ahead.



MONTHLY DAY OF FASTING

EVERY FIRST MONDAY OF THE MONTH

MONDAY
7TH JULY, 2025



TWO WEDNESDAYS. ONE CONVERSATION THAT MATTERS — ESG AT THE FIRM

REPORT BY
Divine Selase
Agborli
STAFF WRITER



ENVIRONMENTAL, SOCIAL, AND GOVERNANCE (ESG) STRATEGY

Over the course of two back-to-back Wednesdays, the firm turned its attention to a topic that's easy to sideline but impossible to ignore: Environmental, Social, and Governance (ESG) strategy. And this wasn't your typical tick-the-box compliance talk. It was a sharp, practical, and firm-wide conversation led by someone who knows the ropes—our very own Earl.

With Vanessa moderating both sessions, the tone was set early: this wasn't a lecture series—it was a working session. In the first week, we didn't just sit and listen; we were divided into our teams and asked to actually think. What would ESG look like in our day-to-day? How does the Finance Team apply ESG? Can the litigation team influence social governance? These weren't rhetorical questions. We were expected to

weigh in, brainstorm, and own it. And we did. Earl guided the room with calm clarity, making ESG not just understandable but tangible. There was no over-promising, no fluff—just a strong case for why ESG needs to be part of how we operate, not just how we advise.

Week two picked up right where the first left off, diving into Ghana's ESG landscape. We looked at the hard realities facing multinational clients operating here—from regulatory enforcement to environmental risks, and from community protests to governance failures. Earl walked us through

real-world scenarios that many firms would prefer to sweep under the rug. Instead, we were encouraged to confront them head-on: What happens when a potential client shows signs of poor ESG conduct? Should we take them on? What do we advise, and how do we draw ethical lines while still doing our job as lawyers? The sessions challenged us to consider whether we truly walk the talk or just ride the ESG wave when convenient.

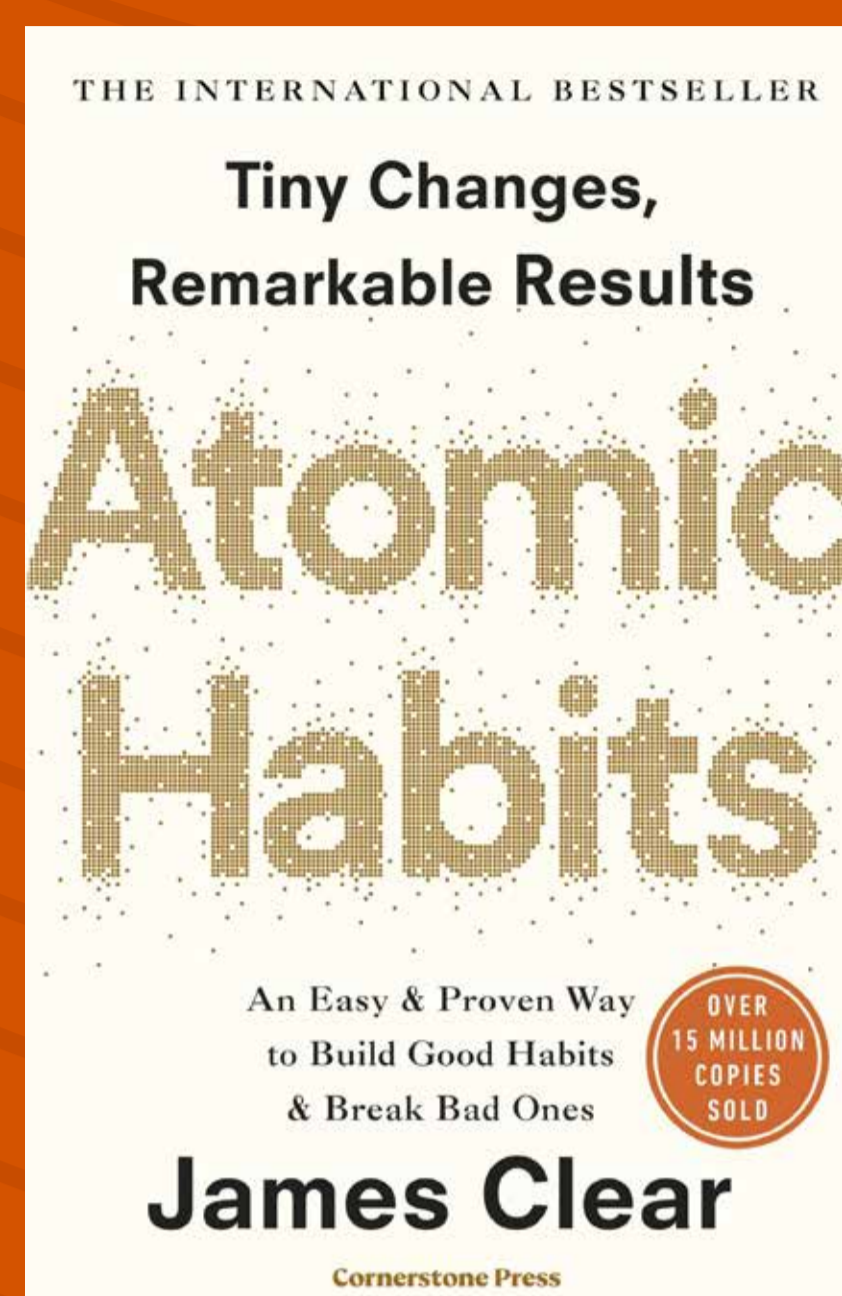
But what stood out most over the two sessions was the clear, repeated message: ESG isn't someone else's job. It's not a niche area for a specialist tucked away in a back office. It's not just for environmental lawyers or policy nerds. Every team in this firm—from operations to corporate, disputes to transactions—has a role to play. The pressure isn't external anymore. Clients are expecting it, regulators are enforcing it, and the future will reward those who embed it into their systems, not those who simply reference it on their websites.

Earl didn't offer easy answers. Instead, he gave us a mirror and asked us to look at how we work, who we work with, and what we value.

We were also reminded that we, as a firm, are not just advisors in the ESG space. We are participants. And if we want credibility with clients, regulators, and the wider public, then we need to model what we preach—from inclusive hiring to ethical procurement, sustainable office choices to who we decide to represent.

Earl didn't offer easy answers. Instead, he gave us a mirror and asked us to look at how we work, who we work with, and what we value. And under Vanessa's steady moderation, the room responded—not with defensiveness, but with curiosity, honesty, and in many cases, genuine ambition to do better.

The ESG series wasn't just informative. It was a gut-check. And now, with the hard questions asked and the groundwork laid, the real work begins: not more sessions, but steady integration. In other words, ESG isn't going away. And that's a good thing. Because neither is our ambition to be a forward-thinking, principled, and future-ready firm.



"Three qualities that have nothing to do with talent or intelligence, but can make a dramatic impact on your results:

Cheerful. You are pleasant to work with and generally raise the level of energy in the room.

Accountable. You feel personally responsible for what you want to accomplish. It is not someone else's job. It's your job.

Adaptable. You can find alternate paths to success. You don't need things to be a certain way to be happy."

By James Clear,
AUTHOR OF ATOMIC HABITS

LAW WEEK 2025: A DEFINING MOMENT FOR THE FUTURE-FIT LAWYER

Report by Newsletter Team



The Greater Accra Regional Bar Association held the maiden edition of its Law Week celebration from July 2 to July 5, 2025, at the Accra International Conference Centre. Held under the theme, “The Future-Fit Lawyer: Embracing Technology, Entrepreneurship, Excellence and Service to the Community,” the event drew wide participation from across the legal community, and our firm was proudly represented by Valery and Danso.

This inaugural Law Week marked more than a ceremonial gathering. It was a bold and timely response to a rapidly shifting legal landscape. From the outset, it was clear that the Bar was calling for

transformation not just in the tools lawyers use, but in the mindset with which they approach the profession. The legal world is evolving, and with the advancement of technology, changing client demands, and increasing societal complexity, the message was unmistakable: the future lawyer must be proactive, dynamic, and deeply connected to community impact.

Over the course of the week, participants engaged in a series of activities that reflected this new direction. The opening day featured a full-day conference with Continuing Legal Education (CLE) sessions, where experts tackled emerging issues such as legal tech integration,

ethical challenges in the digital age, and the lawyer’s role in business innovation. These conversations moved beyond theory offering practical insights and real-world strategies for legal professionals to remain relevant and resilient.

The second day saw lawyers stepping into direct service with legal clinics and prison outreach initiatives, reinforcing the profession’s duty to ensure access to justice for all. These outreach programmes were a powerful reminder that the law is not confined to courtrooms. It must reach the underserved, the unheard, and the excluded.

The future lawyer must be proactive, dynamic, and deeply connected to community impact.

In parallel, the event created opportunities for engagement with industry, as legal professionals interfaced with leaders in technology, finance, and public policy. These sessions highlighted the value of cross-sector collaboration and the growing need for lawyers who understand the ecosystems in which their clients operate.

The week concluded with a Black-Tie Dinner Dance on July 5, which served as both a celebration of the profession and a reflection on the journey ahead.

Our representatives brought their energy, curiosity, and dedication to each aspect of the week. They participated actively in the learning sessions and built valuable connections that



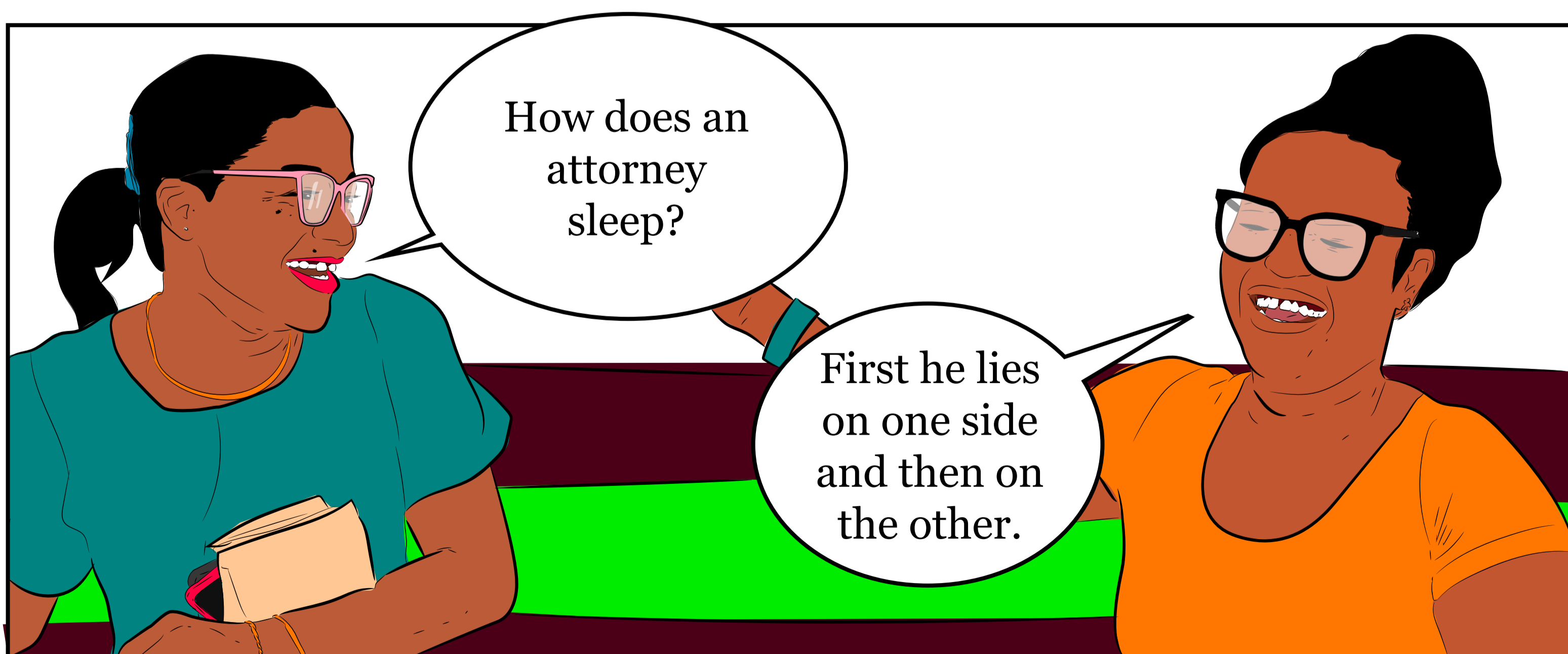
reflect our firm's broader commitment to professional excellence and leadership within the legal space.

Beyond the formal programme, Law Week offered a moment of pause and reflection. What does it truly mean to be a lawyer today? And more importantly, who must we become tomorrow? The answers lie in adaptability, ethical innovation, and a renewed commitment to serve not just our clients, but society at large.

As a firm, we are proud to have been part of this defining moment. The insights and experiences from Law Week will no doubt inform our next steps as we continue to build a practice that is modern, mindful, and mission-driven.

JUST FOR FUN

ILLUSTRATED BY JONATHAN AGYEI-PEPRAH



NO WINNER FOR JUNE – BUT WE’VE GOT YOU COVERED!



Because no one was able to win twice in the month of June, we couldn’t crown a Monthly Champion.

But to ease the challenge (and level the playing field!), we’ve decided to share the full list of “words to find” for the current word search puzzle.

As a result, the puzzle from last week is repeated this week. Thus, if you missed your chance, or need a second shot, this is it!

Let’s see who rises to the challenge this time. Good luck!

ACCUMULATED POINTS OVERTIME

(INDIVIDUALS WHO HAVE SOLVED AND SUBMITTED THE PUZZLES)



**JAMES
QUARTEY**

5



**VANESSA
ALABI**



**MAKAFUI
AKYEA-ANSAH**

4



**MARYLOVE OPOKU-
MENSAH OTOO**



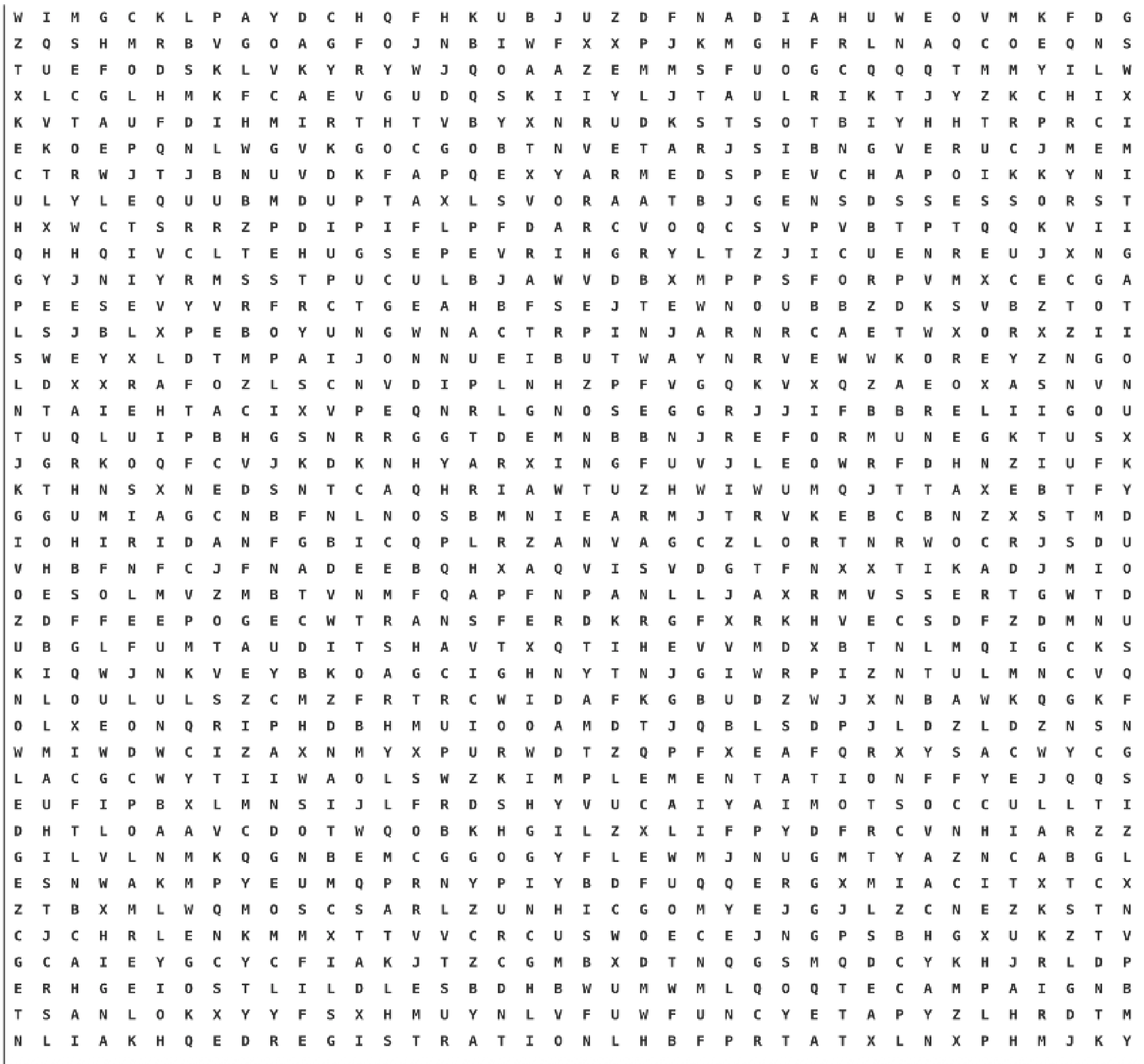
**NAYORM
NYALETEY**

2

JOURNEY TO THE ULTIMATE PRIZE AT THE END OF YEAR!

WHO WINS?

WORD SEARCH



WORDS TO FIND

- | | | | | |
|---------------|-------------------|--------------------|------------------|----------------|
| 1. Advisory | 11. Business | 21. Franchising | 31. Legal | 41. Risk |
| 2. Agreements | 12. Campaign | 22. Governance | 32. Licensing | 42. Sector |
| 3. Alignment | 13. Client | 23. Green | 33. Mitigation | 43. Strategy |
| 4. Audits | 14. Compliance | 24. Guidelines | 34. Outreach | 44. Tax |
| 5. Awareness | 15. Crossborder | 25. Implementation | 35. Outsourcing | 45. Technical |
| 6. Bank | 16. Drafting | 26. Insight | 36. Planning | 46. Technology |
| 7. Banking | 17. Environmental | 27. Intellectual | 37. Promotion | 47. Toolkit |
| 8. Bill | 18. Fee | 28. Investment | 38. Reform | 48. Training |
| 9. Branding | 19. Fintech | 29. Knowledge | 39. Registration | 49. Transfer |
| 10. Briefings | 20. Foreign | 30. Leadership | 40. Regulatory | 50. Workshop |

MONDAY DEVOTION CHRONICLES: SAINTS OF THE BOARDROOM

The Office Whisperer (Your Weekly Smiles Department)



So, here's a little lighthearted office gist that's been floating through the hallways, somewhere between the main office printer and the last slice of meat pie at the annexed.

Apparently, Monday evening devotion has become the spiritual hotspot of the week. But here's the twist: a few beloved colleagues, no shade, we see you with love! seem to have gracefully skipped Sunday church altogether, only to appear on Monday with arms lifted, voices raised and faces glowing with divine energy like they just stepped out of a retreat!

One senior staff whispered (with a grin), "If Monday devotion were a registered church, these ones would be elders by now!"

It's all in good fun, of course. Nobody's judging. Maybe Sunday is their sacred rest day,

who are we to interrupt a good sleep and a Netflix sermon? But it's become a bit of an inside joke: skip the pew, join the boardroom!

Now, some of the "every-Sunday-no-matter-what" folks are secretly plotting evangelism strategies. One colleague has been casually inviting people to her church with the line: "You know, we sing the same songs as Monday devotion, but with drums!"

Another was overheard saying, "The way Brother D closed his eyes during prayer? He'd be perfect for our intercessory team. We just need to get him through the church door!"

Still, we love it. Whether it's Sunday sanctuary or Monday meeting room, we're all here for the good vibes, shared prayers, and a moment to pause and reflect. At the end of the day, it's not where you worship, it's the

heart you bring (but maybe just pop into church one Sunday, yeah? Let's grow the choir!)

So, until further notice, devotion continues every Monday, 5:30 p.m. sharp. Come as you are, just maybe leave the beach slippers at home.

RIDDLE OF THE WEEK

If all Wibbles are Ciggles, all Borkins are Kwumblins, no Hoggles are Borkins, and all Ciggles are Borkins, is it true that all Borkins are Ciggles?

Answer for Last Week's Riddle:

A Hole

WEEKLY
NEWSLETTER
EDITORIAL TEAM



**Jonathan
Agyei-Peprah**



**Abigail Dedo
Kpabitey**



**Divine
Agborli**



**Nancy Ama
Sackey**



**Dodzi Koku
Hattoh**



**Esmeralda
Akorfa Afenyo**



OUR
**CORE
VALUES**

1. TRUSTWORTHY

We always keep our word, our ethics and our integrity.

2. THOUGHTFUL

We are thoughtful, friendly and keep our manners.

3. WARRIORS

We are relentless, have grit and swear by our work ethics.

4. EXCELLENCE

We always hire and develop the best.

5. WINNERS

We expect to win all our cases and close all deals.

6. VERY RESPONSIVE

Always responsive. Always committed in heart and mind.

7. FRUITFULNESS

We exceed the expectations of our client.

8. COMMUNITY

We genuinely care and labour to be a blessing.

9. FAITH

We keep our God and always put our heart in it.

10. FULFILLMENT

It's all about hard work and happiness.